

## **BEST PRACTICE- I**

**Title: Medicinal/ therapeutic plants gardening:**

**Objective:**

- To preserve ethnomedicinal plants for use in conventional medicine.
- To spread awareness on indigenous medicinal plantation in home gardens.
- Optimal use of the institution's land.

**The Context :**

Natural chemicals found in medicinal plants provide therapeutic qualities and play a significant role in healing and aid in the treatment of human ailments. Hence growing medicinal plants would be advantageous.

**Practice :** The department of Botany and Eco club planted medicinal plants- Ashwagandha, Brahmi, camphor and cinnamon in the college campus. Early monsoon rainfall is used to prepare ground. Plantation is made with a space of 5-10 ft. Vermicompost prepared in campus is used. Bottle gardening was also practiced to reuse waste bottles.

**Evidence of success:** The establishment of medicinal garden was visibly successful endeavor of the institution. Botany department and eco club succeeded in spreading awareness on medicinal plants and also prepared, distributed star fruit pickle and byproducts to faculty and menial staff.

**Problems Encountered & Resources Required:** Sourcing of authentic plant saplings, management of pest infestation, low turnover rate of students from non-biology subjects are problems encountered. A dedicated landscape-Gardner is required to take care of plants.

## **BEST PRACTICE- II**

**Title: Yakshagana : The avenue for social and cultural inclusiveness.**

### **Objective:**

- To familiarize coastal art and theatre to north Karnataka residents.
- To strengthen regional, social and cultural integration.

### **The Context :**

Yakshagana- Being a traditional folk theatre of coastal Karnataka, it must be revived and preserved as a living art. Yakshagana reflects on values, ethics and integrity, which are cornerstones to build personality.

**Practice:** In order to raise familiarity of Yakshagana in North Karnataka and to equip our students with new art form for comprehensive development, the institution organized webinars, certificate course and deputed students for stage performance in Yuva Saurabha - Youth cultural event by Kannada and cultural department, Govt. of Karnataka.

**Evidence of success:** As a testimony, Yakshagana- training course for SC/ST students was sanctioned by social welfare department, GoK, with sponsorship of 3.8 lakhs. Our trained students started coaching classes in Yakshagana in Haveri region. The institution has proposed Yakshagana- training course for selected eight Morarji Desai residential school students of Haveri district.

### **Problems Encountered & Resources Required :**

Difficulty in Sourcing Himmela (singers and instrumentalists) team, Yakshagana Costume and makeup artists for every performance.

Appropriate theatre and museum are required for stage performance and proper preservation of costume and instruments.